# **CLENPIQ PREP INSTRUCTIONS**

You are scheduled on	with Dr	
Be at the marked location by	AM / PM for procedure to begin by	_AM /PM

You will be sedated and **MUST** bring someone over the age of 18 years old to **stay** with you and drive you home safely. No one will be allowed to Uber/Lyft/Taxi/bus, unless accompanied by a responsible adult. Please note that you cannot drive for 24hours after anesthesia.

#### **MEDICATIONS:**



- If you are taking ANY blood thinners, i.e. Coumadin (Warfarin), Plavix, Pradaxa, Pletal, Eliquis, Effient, Xarelto, Brilinta, call our office for instructions on the possibility of stopping the medicine.
- You <u>MUST</u> take your Blood Pressure, Heart, Seizure, Parkinson's, Asthma or Myasthenia Gravis medications (if normally taken in the morning) <u>3 hours prior to arriving, with a small sip of water.</u>
  - o All other medications can be taken after the procedure.
- If you take any dosage of Aspirin **DO NOT STOP TAKING IT!** Continue as normal.
- Unless specified below, continue your medications like normal.
- For INSULIN dependent patients please call the doctor that controls your diabetes for instructions.

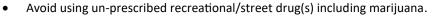
#### **ONE WEEKS PRIOR:**

• Stop taking Ozempic/Wegovy/Mounjaro/Semaglutide (if taken for weight loss).

#### **FIVE DAYS PRIOR:**

- Stop any Iron pills, Pepto-Bismol, Fish Oil, Vitamin E and/or Herbal Medicine.
- Stop any diet/appetite suppressants, such as phentermine.
- Stop taking any ADHD/ADD medications i.e., Adderall/Vyvanse, if your body allows you to stop this medication.

#### **ONE DAY PRIOR:**





DO NOT take any ORAL Diabetic medication.

**IF YOU ARE SICK**, have ANY cold symptoms, taking antibiotics, pending Heart/Pulmonary testing, or have any major changes in your medical history – Please Call Our Office Immediately for Instruction.



**1 DAY PRIOR** to your procedure, **eat** only a **CLEAR LIQUID DIET**. A clear liquid diet consists only of liquids that you are able to read a newspaper through. **NO SOLID FOODS!** No alcohol, milk/milk products, or non-dairy creamers. **NO RED OR PURPLE!** 

CLEAR LIQUID DIET INCLUDES (limiting yourself to only water will make you nauseous/vomit when starting prep):

- · Water, mineral water
- Clear fruit juices without pulp (apple, white grape, white cranberry, lemonade, etc.)
- · Clear carbonated and non-carbonated soft drinks
- · Sports drinks (Gatorade, Powerade), Pedialyte and/or Ensure Clear
- · Broth (chicken, beef, vegetable, or bone broth)
- Popsicles, Sorbets, or gelatin (such as Jell-O)
- Coffee or tea (without milk or cream; sugar is okay)

FINANCIAL POLICY: Any Co-pay and/or Deductibles will be collected at the time of service. Please call our billing department for further assistance at 407.896.1726 ext. 405, prior to the procedure date.

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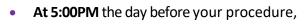


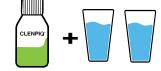
### **YOUR PREPARATION - CLENPIQ**

Fill your prescription for CLENPIQ, at least (5) days prior to your test. (Keep in room temperature).

• You will receive two 5.4 oz. bottles of medication.

### DRINKING YOUR BOWEL PREPARATION





- O Drink the first bottle. DO NOT CHUG.
- O Then drink at least two additional 16 oz. of clear liquids over the next hour.
- At 10:30PM Drink the second 5.4 oz bottle of Clenpiq DO NOT CHUG.
  - o Follow with at least two additional 16 oz. of clear liquids within two hours.





**STAY HYDRATED** with at least 12 tall glasses (about 8-10 ounces each) of clear liquids throughout the evening, in addition to what you drink with your bowel prep medication, to prevent dehydration.



4HOURS BEFORE your procedure, you should STOP DRINKING ALL CLEAR LIQUIDS. This means that you should not have anything by mouth 4 hours before your colonoscopy and onward. This includes no breath spray, candy, gum, mints. You may brush your teeth.

**FAILING TO FOLLOW INSTRUCTIONS WILL RESULT IN CANCELLING OF YOUR PROCEDURE (fee applies) ** WE REQUIRE A 48 HOUR NOTICE FOR ANY CANCELLATIONS TO AVOID A \$150 CHARGE		
CENTER FOR DIGESTIVE ENDOSCOPY  1817 N MILLS AVE ORLANDO, FL 32803	ADVENT HEALTH ORLANDO 601 E ROLLINS ST ORLANDO, FL 32803	
SUMMERPORT SURGERY CENTER 5151 WINTER GARDEN VINELAND RD STE 108 WINDEREMERE, FL 34786	ADVENT HEALTH, HEALTH VILLAGE 2415 N ORANGE AVE STE 201 ORLANDO, FL 32804	
ADVENT HEALTH WINTER GARDEN ASC 2000 FOWLER GROVE BLVD WINTER GARDEN, FL 34787	ORLANDO HEALTH 52 W UNDERWOOD ST ORLANDO, FL 32806	
SOUTH LAKE ENDOSCOPY  2040 OAKLEY SEAVER DR  CLERMONT, FL 34711		
PATIENT SIGNATURE:	DATE:	